

the GIVEN institute

ACTION PLAN STRATEGISTS ORIENTATION



INTRODUCTIONS

- Share in the chat:
 - Where you are joining us from?
 - Are you a GIVEN Mentor or Alumna?



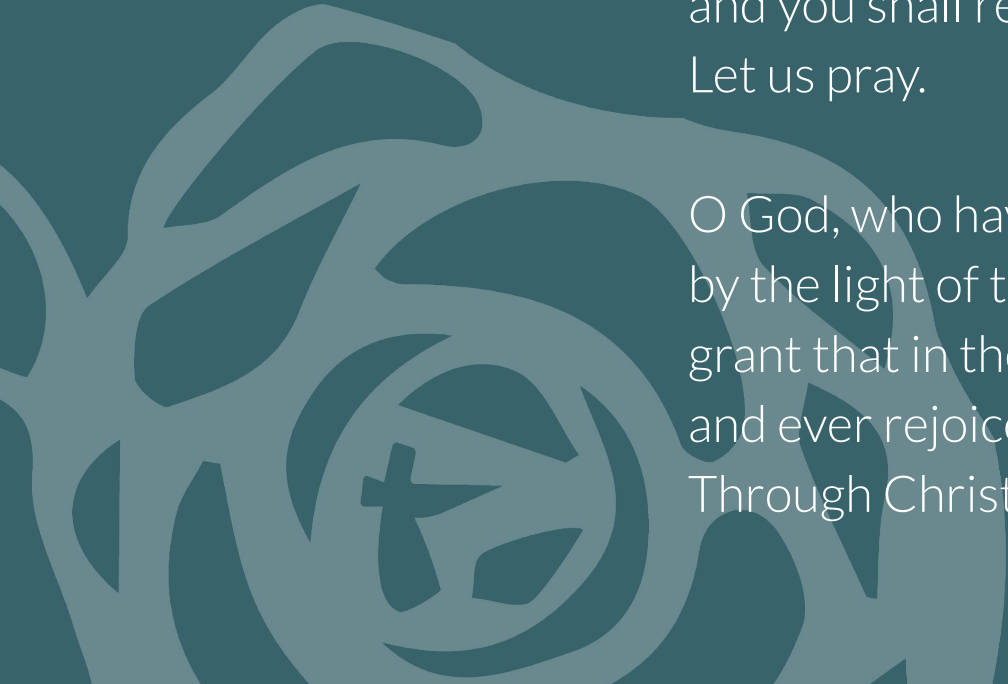
Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.

Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.

Through Christ our Lord. Amen.





WHAT ARE ACTION PLANS?

- The Action Plan is the young woman's unique initiative to activate her God-given gifts in the Church and in the world.
- Every Action Plan is:
 - **A new initiative**
 - **For the benefit of others**
 - Launched during the mentoring year



AN ACTION PLAN IS NOT

- Only about personal growth — **it should serve others**
- Simply continuing an existing project without something new
- A big idea without practical next steps
- Something that cannot realistically launch during the mentoring year



WHAT MAKES A STRONG ACTION PLAN PROPOSAL

- A **clear purpose** – why this initiative matters
- A **specific initiative**, not just a general idea
- A **defined audience or community** it serves
- **Realistic first steps** toward launching
- A scope that is **achievable** within the mentoring year



COMPONENTS OF THE ACTION PLAN PROPOSAL

- Title
- Summary
- Community Served
- Expected Impact
- Goal
- Steps to Launch

THE ROLE OF THE ACTION PLAN STRATEGIST

An Action Plan Strategist supports participants by:

- Assisting them in further developing their Action Plan **initial idea**
- Guiding them in shaping their ideas into a clear and tangible plan
- Helping them consider practical steps and resources needed
- Submit a concrete proposal by **May 1, 2026**
- Ensuring the plan is realistic and achievable by the end of the mentoring program (**April 2027**)

Your role is to help transform inspiration into actionable steps.

THE IMPORTANCE OF YOUR ROLE

- The Action Plan process can feel **intimidating or overwhelming** for participants.
- Our goal is for each woman to feel supported and encouraged, not pressured.
- Action Plans can vary widely in scope, creativity, and focus.
- Your support helps participants realize: “*This is possible. I can do this.*”



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ART OF ACCOMPANIMENT MENTORING PROGRAM

ACTION PLAN DEVELOPMENT WORKBOOK



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SOME THINGS YOU CAN WORK ON WITH HER

- Clarify the purpose (“why”)
- Identify goals
- Shape the strategy
- Break it into actionable steps
- Outline the path to launch



THE ACTION PLAN STRATEGY PROCESS

- Participants propose an initial idea of their Action Plan
- Strategist receive names of the women they will meet with and contact them to set up a meeting.
- Strategist's provide tactical advice and offer suggestions for next steps in the development of their proposal.
- Participants submit proposal by **May 1st.**

CONNECTING WITH PARTICIPANTS

- Strategists will receive a document with the names, Action Plan ideas and contact information of the participants assigned to them..
- Strategists will reach out to schedule best time that works with their schedule. Feel free to use your own scheduling manager.
- Schedule as a group for multiple participants and/or one-on-one.
- Submit notes as needed for each participant
- If the young women doesn't reach back out, contact us.

QUESTIONS TO GUIDE THE CONVERSATION

- What inspired this initiative?
- What impact do you hope it will have?
- Who specifically will benefit from this?
- What would success look like?
- What is the first step you could realistically take?
- What challenges might arise?

WHAT IF A PARTICIPANT DOES NOT HAVE AN INITIAL IDEA?

- What issues or needs are on your heart right now?
- Where do you see a need in your community, parish, workplace, or field of interest?
- What experiences or passions have been meaningful to you?
- What small initiative could you try that responds to one of these needs?





MAKING THE MOST OF YOUR TIME

- Begin by listening and understanding her vision.
- Encourage creativity, but also help refine the scope.
- Offer insights from your experience when helpful.
- Keep the focus on a **proposal and practical next steps.**

SAMPLE ACTION PLAN PROPOSAL

- **Title:** Behold: Contemplating Femininity through Art
- **Objective:** Behold is a program of prayer for women of all ages, backgrounds, and vocations, focusing on the theme of beauty and femininity.
- **Output:** To facilitate 13 new small groups by Advent 2026.
- **Outcome:** Women who participate in Behold will know of their value and unique gifts, and will boldly share their immense beauty with the world.



SAMPLE ACTION PLAN PROPOSAL

- **Title:** Managing your Fertility
- **Objective:** To educate women and couples about the science and theology of Fertility Awareness and NFP through the integration of Fertility Awareness Based Methods in daily life.
- **Output:** Gain 5,000 new subscribers to the newsletter and podcast by year-end 2026.
- **Outcome:** To help women live full and whole lives, specifically through the re-integration of reproductive health into all other aspects of health and wellness.



QUESTIONS?



