

The GIVEN Institute

WELCOMES


The 2026 Leadership Program Cohort



GETTING TO KNOW THE 2026 COHORT

- POLL - What region are you joining us from?
- Share in the chat
 - Where is home (for tonight)?
 - Who is your favorite woman saint and why?





LET US PRAY THAT WE WOMEN
REALIZE THE REASON FOR OUR
EXISTENCE: **TO LOVE AND BE
LOVED** AND THROUGH THIS LOVE
BECOME INSTRUMENTS OF PEACE
FOR THE WORLD.

st. teresa of calcutta

OPENING PRAYER



Led by Sister Jeana Visel, OSB
Sisters of St. Benedict of Ferdinand, Indiana

Dean of School of Theology Programs
and Adjunct Assistant Professor of Spirituality
at Saint Meinrad Seminary and School of Theology

ST. PATRICK'S BREASTPLATE

I bind unto myself today
the power of God to hold and lead,
his eye to watch, his might to stay,
his ear to hearken to my need;
the wisdom of my God to teach,
his hand to guide, his shield to ward,
the word of God to give me speech,
his heavenly host to be my guard.

Christ be with me, Christ before me,
Christ behind me, Christ deep within me,
Christ below me, Christ above me,
Christ on my right hand, Christ on my left hand,
Christ as I lie down, Christ as I arise,
Christ as I stand,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

-The Glenstal Book of Prayer



The GIVEN Institute (“GIVEN”) is a not-for-profit organization dedicated to **activating the gifts of young adult women for the Church and the world.**

GIVEN inspires and equips the next generation of female leaders to **“receive the gift that they are; realize the gifts they’ve been given; and respond with the gift that only they can give.”**





HISTORY OF GIVEN

- 2015 - Year of Consecrated Life & Hilton Foundation grant
Council of Major Superiors of Women Religious (CMSWR)
- 2016 - First Forum (D.C.) and first cohort with Action Plans
- 2018 - Incorporation of The GIVEN Institute and launch of The Art of Accompaniment Mentoring Program
- 2019 - Forum (D.C.) and integration of lay mentors
- 2021 - Forum (D.C.)
- 2022 - Forum (Philadelphia)
- 2024 - Forum (D.C.)
- 2026 - Forum (D.C.)

WHAT IS A LEADER?

GIVEN believes that Catholic women leaders are those disciples of Jesus Christ who, receptive to the grace of God the Father and boldly responding to the Holy Spirit, become fruitful for the Kingdom through lives of prayer, virtue and giving of themselves and their gifts in service of others.



Jen Cole-Schaefer
Executive Director



Emalie Beach
Director of Advancement



Cynthia Psencik
Mentoring Program &
Alumnae Director



Emilia Gore
Director of Events &
Marketing



Alice Kraus
Executive Assistant



Pamela Medina
Advancement &
Communications Associate



Kaylee Stoll
Design & Media Consultant



Penelope Medina
Advancement Intern



Hannah Feeney
Program Intern

THE GIVEN TEAM





YOUR JOURNEY WITH GIVEN

March 2026 - May 2027





LEADERSHIP FORMATION

- Personal Vocation and Discovering Fulfillment Stories with Dr. Joshua Miller
- Code to Clifton StrengthsFinder and results session
- Action Plan Strategists to refine your Action Plan
- Mentee Handbook
- Action Plan Workbook



ACTION PLAN STRATEGIST CALL

- Assists you with your Action Plan proposal and shaping your ideas into a tangible plan
- Setting clear strategies and breaking down plan to actionable steps
- Submit your formal Action Plan Proposal by **May 1st.**



GIVEN

THE EXPERIENCE OF GIVEN MENTORING

Mentoring is...

A relationship - Relationship is the heart of the program. Through self-gift, we find personal fulfillment.

Integrated - Mentoring considers the spiritual, personal, and professional needs of each woman.

A living spiritual motherhood - Each woman is called to exercise her spiritual motherhood through her own unique gifts and experiences.

Mentoring is not...

A substitute for formal development - Mentoring cannot replace formal training but should augment professional development activities.

Counseling or therapy - While personal issues may be discussed, mentors are not substitute for mental health professionals.

A dependant relationship - Mentors give support for the Action Plan but are not expected to do the work or make decisions for the mentee.

PROGRAM REQUIREMENTS

- Attend virtual cohort meetings
- Schedule 1 Action Plan strategy session
- Submit Action Plan proposal
- Attend GIVEN Forum
- Meet monthly with mentor
- Launch your Action Plan
- Complete End of Year Survey



OTHER OPPORTUNITIES TO CONNECT

- WhatsApp Group
 - Announcements
 - Travel Coordination
 - Prayer requests
 - Action Plan Questions / Troubleshooting
- Suggested reading and prayers
- *Optional* Virtual Meet and Greet with Mentors on April 21st
- Engage with us on social media! @giveninstitute

APOSTOLATES GROWN WITH GIVEN

BEHOLD
Visio Divina

 eden invitation


Dying To Meet You



from the garden
designs

Liturgical Style

THE
cantor
— COACH



Arthouse2B





RECEIVE THE GIFT THAT
YOU ARE.

REALIZE THE GIFTS THAT
YOU'VE BEEN GIVEN.

RESPOND WITH THE GIFT
ONLY YOU CAN GIVE.

GIVEN FORUM OVERVIEW

- Daily Mass & Prayer
- Keynotes
- Leadership Trainings
- Panels
- Small Groups
- Evening Events
- Adoration, Confession



- Programming will take place at The Catholic University of America.
- Daily Mass will take place in the Lower Crypt of the Basilica of the National Shrine of the Immaculate Conception.
- Healing Eucharistic Holy Hour at the St. John Paul II National Shrine.



- Catholic Women's Leadership Celebration on Saturday, June 27th
- Presentation of the GIVEN Fiat Award, recognizing a woman leader whose faith, courage, and service have made a lasting impact on the Church and society.
- Inaugural 2024 recipient: Mary Ann Glendon



Mentors, Volunteers,
Chaplains, and Staff available
to serve you at the Forum as:

- Small Group Leaders
- Spiritual Directors
- Consecrated Life
Discussions
- Mental Health and Medical
Professionals

Exhibitors will be present too!





Lodging is provided at The Catholic University of America. Each participant has their own room with a private entrance, only sharing a bathroom within the suite. Linens (2 flat sheets, towels, pillow, blanket) are included.

Not included: Hangers, clothes iron, hair dryer, or fitted sheets (Twin XL)



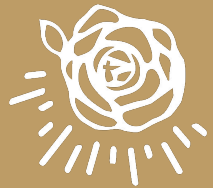
- **Travel Tips: Arrange early!**
 - Check-In: Wednesday, June 24th from 4-7 PM; Dinner will be available 6-7 PM.
 - End: Sunday, June 28th at 1:30 PM; Brunch at 11:30 AM is last meal.
- **Closest Airport:** Ronald Reagan Washington National Airport (DCA)
- **Closest Train and Bus Station:** Union Station
- **Travel to & from CUA:** Metro, Rental Car, Taxi, Carpool



DRESS CODE: BUSINESS CASUAL



DRESS CODE: COCKTAIL





St. Teresa Benedicta of the Cross
classic academia oxford shirts, cloche hats, tailored pants, pencil skirts



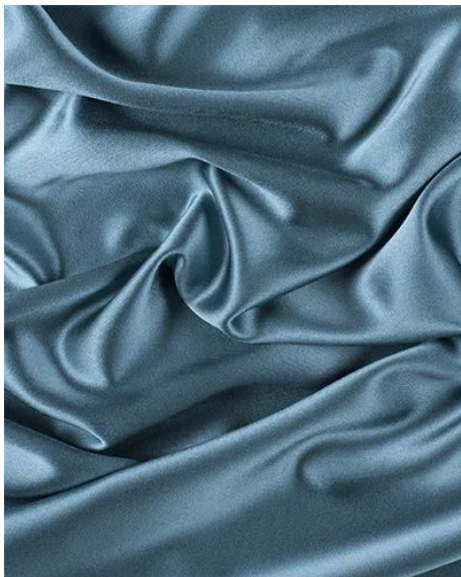
St. Jacinta
gingham dresses, flowy cotton blouses, wool cardigan, floral wraps



St. Elizabeth of the Trinity
European chic



St. Kateri
blue accents; her blue shawl for Mass



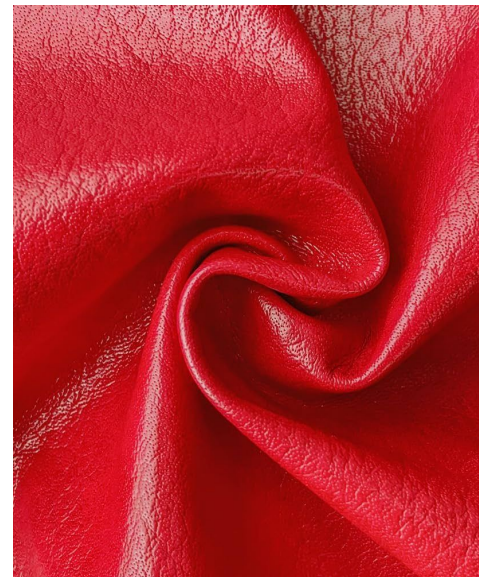
ANOINTING



DOCILITY



VIGILANCE



PERSEVERANCE

COME HOLY SPIRIT

Secure me in your love.

Breathe your life of freedom and creativity into these weary bones.

Anoint me again in the peace of your promise.

Liturgical Style

NEXT STEPS & KEY DATES

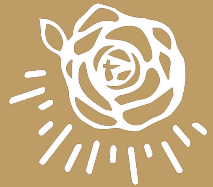
- **March - April:** Schedule Your Action Plan Strategy Call
- **Wed, March 25 at 12 pm or 7 pm EST:** Virtual Leadership Session #1
Personal Vocation & Fulfillment Stories with Dr. Joshua Miller
- **Tues, April 7 at 12 pm or 7 pm EST:** Virtual Leadership Session #2
StrengthsFinder Results Review with Lisa Mladinich
- **Tues, April 21 at 7 pm EST:** *Optional* Meet and Greet for Young Adults and Mentors
- **Fri, May 1 at 11:59 pm EST:** Action Plan Proposal Due
- **Fri, May 22 at 12 pm EST:** *Optional* Leadership Forum Prep Call
- **June 24-28, 2026:** 2026 GIVEN Leadership Forum in Washington, D.C.

QUESTIONS?



CONTACT

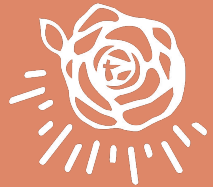
communications@giveninstitute.com



BEFORE WE GO...

Let's take a quick
photo together!

Please turn on your camera if you can.





Our Lady of
Guadalupe,
pray for us.

