



2024 COHORT ACTION PLANS

In June of 2024, 138 women between the ages of 21-35 from 35 states and 9 countries gathered in Washington, D.C., to participate in GIVEN's flagship program, the Catholic Young Women's Leadership Forum. Following an exceptional week of formation, prayer, and networking, each young woman returned to her community inspired and equipped. Accompanied by a trained GIVEN Mentor offering guidance and spiritual support, each young leader embarked upon a year-long journey to respond to her God-given gifts through an Action Plan – a unique initiative of her own design, benefiting the Church and the world.

CLAIRE A.
Sugar Land, TX

NANCY A.
Walnut Creek, CA

AMANDA A.
Ottawa, AK

ABBY A.
Cincinnati, OH

MADISON A.
Harrisonville, MO

MARIA A.
Bellevue, WA

SAMANTHA A.
Steubenville, OH

CHRISTINE A.
Midlothian, VA

NANCY A.
Houston, TX

PALOMA A.
Buenos Aires, Argentina

ELIZABETH A.
Winnipeg, MB, Canada

MARIE A.
Atlanta, GA

CONSTANZA B.
Miami, FL

ADRIENNE B.
Warrington, PA

CLARISSA B.
Manvel, TX

EMMA B.
Rhode, TX

LINDSAY B.
Laguna Niguel, CA

ASHLEY B.
Miami, FL

KEELY B.
Victoria, BC, Canada

CATHERINE B.
Newark, NJ

RENEE B.
Denver, CO

OLIVIA B.
Gaithersburg, MD

GRACE B.
Erie, PA

NICOLETTE B.
Lebanon, OH

IMMACULATA CONFERENCE FOR HIGH SCHOOLERS

ST. JOAN OF ARC MISSIONARY RANCH

DYING TO MEET YOU PROJECT

TRAUMA-INFORMED CATHOLIC MINISTRY WEBSITE

CHAMPIONING PARENTS AS THE PRIMARY EDUCATORS OF THE FAITH

BLOSSOMING AT HOME

THE GATHERING TABLE BOOK CLUB

HOMESCHOOL THEATRE SUMMER CAMP

WOMAN OF VALOR

FAMILY FOUNDATIONS WORKSHOP

SOCIAL MEDIA FOR UKRAINIAN CATHOLIC PARISH

CROWN OF CREATION

BUILDING A LIFE OF PURPOSE

EXTRAORDINARY TIME: ENCOUNTERING GOD'S GLORY ON EARTH AS IT IS IN HEAVEN

CATHOLIC MIDDLE ADULTS OUTREACH IN HOUSTON

YOUNG CATHOLIC PROFESSIONALS PRAYER BOOKLET

WOMEN'S TEA WITH THE SAINTS SERIES

A NIGHT OF CONFESSION

EQUIPPING THOSE READY TO ENGAGE AGAINST EUTHANASIA

FOSTERING FELLOWSHIP: BUILDING CATHOLIC COMMUNITY IN LAW SCHOOL

MENTAL HEALTH PODCAST

BE STILL (SEEKING TO INTENTIONALLY LEARN TO LISTEN) CURRICULUM

DAISY DEVOTION INSTAGRAM ACCOUNT

SMALL GROUP STUDY ON FEMINISM



2024 COHORT ACTION PLANS



PAMELA C.
Centreville, MD

SEEKING EROS INSPIRED BY THEOLOGY OF THE BODY
Program

MIAIRA C.
Mesa, AZ

COR UNUM APOSTOLATE OF MISSIONARY FORMATION
Non-Profit

EMMA C.
St. Paul, MN

FEAR NOT DISCERNMENT STUDY FOR TEENS
Knowledge Sharing

JENNIFER C.
Bronx, NY

RESOURCES FOR THOSE WHO DISCERN OUT OF RELIGIOUS LIFE Knowledge Sharing

MADISON C.
Indianapolis, IN

A SYSTEM TO HELP CATHOLIC FAMILIES THRIVE
Knowledge Sharing

JEAN M C.
Chicago, IL

FINDING THE ONE: GUIDE FOR SACRED CONNECTIONS
Program

CLAIRE C.
Wadsworth, OH

PILGRIMAGE OF THE HEART
Knowledge Sharing

CHRISTINE C.
San Diego, CA

WOMEN'S CYCLE SYNCING COOKBOOK OUTLINE
Product

MARY JOY C.
Poway, CA

SOLUTIONS TO ASYLUM ISSUES WITH THE CATHOLIC UNDERSTANDING OF HUMAN DIGNITY Knowledge Sharing

CAROLYN D.
Brooklyn, NY

FRASSATI FELLOWSHIP OF NYC FORMATION
Program

ROSE D.
Whitmore Lake, MI

IDENTITY AND DIGNITY THROUGH PERSONAL STYLE
Business

CECILIA D.
Denver, CO

THE DANGERS OF NEW AGE SPIRITUALITY
Knowledge Sharing

ABIGAIL D.
Wichita, KS

BUILDING A HOLY HOME PARENT WORKSHOP
Event

MAKENA D.
Ewa Beach, HI

DOCUSERIES: SACRED ART, CATHOLIC ARTISTS, & AI
Media

HANNAH D.
Pleasant Hill, MO

STOP CONTRACEPTING YOUR DATING LIFE
Program

TORI F.
Saint Francis, WI

TRIAL FARMER/FLORIST BUSINESS
Business

GIZELLE G.
Seattle, WA

NEXT STEP: A COURSE FOR DISCERNING MARRIAGE
Event

MARIA G.
Collegeville, PA

FOSTERING COMMUNITY THROUGH FORMATION: ENDOW GROUP Small Group

MARIA G.
Richmond, VA

FROM MARTHA TO MARY: BEARING WITNESS TO OTHER STORIES WITH QUALITATIVE INTERVIEWING Media

MARY GRACE G.
Decatur, GA

EMMAUS DINNER POTLUCKS FOR MOMS
Small Group

ANNALEIGH G.
Whitehall, PA

CULTURE OF LIFE TALKS
Program

FATIMA G.
Washington, DC

NEWSLETTER FOR CATHOLICS TO PARTICIPATE MORE FULLY IN THE LIFE OF THE CHURCH Knowledge Sharing

MARIA G.
Alexandria, VA

ABIDE IN BETHANY MINISTRY: HEALING FOR THOSE EXPERIENCING SIBLING LOSS Non-Profit

TASHA G.
Louisville, KY

LITURGICAL CANDLE SET
Product

EMILIA G.
Alexandria, VA

LET ME TELL YOU HOW IT HAPPENED: A BILINGUAL FAMILY FORMATION PODCAST Media

LAUREN G.
Atlanta, GA

EVANGELIZATION THROUGH HOSPITALITY TRAINING
Evangelization

MARY G.
Royal Oak, MI

FEMALE HEARTS IN MEDICINE
Knowledge Sharing

ISABEL G.
Milwaukee, WI

CATECHESIS THROUGH COMMUNITY SERVICE
Program



2024 COHORT ACTION PLANS



KELLY G.
Dallas, TX

CREATING BELONGING IN DALLAS
Small Group

RILEY H.
Louisville, KY

AUGGIE'S LIGHTHOUSE
Non-Profit

MARY H.
Catonsville, MD

LITURGICAL STYLE GUIDE
Product

ANNA H.
Wheaton, IL

FAMILY FIAT
Event

JENNIFER H.
Steubenville, OH

STORYTELLING PROJECT: DRAFTING A FAIRY TALE
Book

KATIE I.
Houston, TX

SILENT ONE DAY RETREAT FOR COLLEGE STUDENTS
Event

CLAUDINE I.
Philadelphia, PA

MAMALU COMMUNITY FOR WOMEN IN PHILADELPHIA
Small Group

ELLIE J.
Wayzata, MN

CEDAR & BLOOM: AN EVENING OF BEAUTY
Program

MARISA J.
Arlington, VA

SACRED CYCLES
Program

MARISA J.
Englewood, CO

IN HIS IMAGE AND LIKENESS: GOD'S POWER OVER EATING DISORDERS AND BODY IMAGE Knowledge Sharing

KAYLA K.
Middle Village, NY

THEOLOGY AND NARRATIVE: A BIBLICAL STUDY OF SUFFERING Small Group

BRIGID K.
Church Hill, MD

YOUNG ADULT GATHERINGS
Small Group

KARA K.
Lincoln, NE

ST. JOSEPH PARISH MEAL MINISTRY
Program

ALONDRA L.
Orange, CA

LATINAS IN FAITH GATHERING
Event

MADELINE L.
Maple Grove, MN

AD PORTA CAELI - BEAUTY: THE FORGOTTEN TRANSCENDENTAL Media

CASSIE L.
Tulsa, OK

PROMOTE HORMONAL AWARENESS FOR YOUNG ADULTS Small Group

NAOMI L.
Los Angeles, CA

SYNC UP: NATURAL HORMONE BALANCING SUPPLEMENTS FOR WOMEN Product

JESSIE L.
Sacramento, CA

CATHOLIC TIMELINE WORKSHOP
Media

ALLISON L.
Mobile, AL

SACRED CONVERSATIONS/CONVERSACIONES SAGRADAS Program

MARIBELLE L.
Wetumpka, AL

IN THE SHELTER OF HIS WOUNDS
Media

EMILY L.
Fishers, IN

ARTISTS' HANDBOOK OF PRAYER
Product

XOCHILTH L.
Hawaiian Gardens, CA

LATINA KOUM SILENT HEALING RETREAT
Event

EVELYN L.
Hawaiian Gardens, CA

DANZA DE ALABANZA CAMP
Event

ISABELLA L.
Raritan, NJ

PROMOTING GOODNESS REFLECTIONS
Knowledge Sharing

BERNADETTE M.
Sunnyvale, CA

MARY'S RETREAT EXPANSION
Non-Profit

MARIA M.
Madison, WI

MARY'S GARDEN: AUTHENTIC FEMININITY RESOURCE HUB Media

JESSICA M.
Norfolk, VA

LESSONS FROM THE FIG TREE
Product

ELIZABETH M.
Austin, TX

SUPPORT FOR NEW/EXPECTING MOTHERS
Small Group





2024 COHORT ACTION PLANS



EMILY M.
Oak View, CA

SPIRITED LAMB: YOUNG ADULT MINISTRY
Non-Profit

ANNA M.
Jupiter, FL

CATHOLIC CHILDREN'S MATCHING GAME: FEMALE RELIGIOUS Product

ERIN M.
Cincinnati, OH

CASA ROSA TRANSITION HOME FOR YOUNG WOMEN IN GUATEMALA Non-Profit

GENEVIEVE M.
Tallahassee, FL

ROSE GARDEN
Event

ERICA M.
Irvine, CA

CREATE A SACRAMENTALLY & PHYSICALLY HEALTHY COMMUNITY Small Group

VICTORIA M.
Miami, FL

RAYS OF GRACE: LIGHTING THE PATH TO A VIRTUOUS LIFE Small Group

ASHLEY M.
Lincoln, NE

THE ART OF BEING HUMAN: A "MANUAL" FOR THERAPISTS Knowledge Sharing

AMANDA M.
Bristol, CT

LADIES BLESSED BRUNCH WITH PRAY & PLAY ART SESSION Event

DANIELLE N.
Washington, DC

AN EXPOSITION OF BEAUTY: COMMUNION, CREATION, COMMISSION Event

NICOLE N.
Singapore

EMBRYO (EVERY MOTHER AND BABY RECEIVED AS YOUR OWN) Event

KAT N.
Deer Park, TX

THE WELL
Program

ALI N.
Devine, TX

HIS: A MARRIAGE ENRICHMENT STUDY
Program

SILVIA O.
Lima, Peru

HEALING PRAYER JOURNAL
Product

PATRICIA P.
Arlington, VA

MODESTY IN MODERNITY
Product

MARTA P.
North Bergen, NJ

DIARY OF ST. FAUSTINA PRAYER COMPANION
Product

AMELIA P.
Chicago, IL

CLEMENT MOMS VISIO DIVINA
Program

TERESA P.
Dover, DE

DEPARTED SOULS SOCIETY
Event

AURORA P.
Philadelphia, PA

BLESSED EMILINA RETREAT
Event

RHEA Q.
Waipahu, HI

NOVENA FOR THE DEAD
Knowledge Sharing

JULIA Q.
Glenn Heights, TX

MOMS GROWING
Small Group

ANA Q.
Spring, TX

GAUDETE: MINISTRY FOR MUSICIANS TO BRING HOPE AND TRANSMIT LOVE OF GOD Program

SOPHIE R.
Warrington, England

SUPPORTING FAMILIES OF SEND/NEURODIVERGENT CHILDREN IN THE CHURCH Product

MARISSA R.
Philadelphia, PA

EL CAMINO CAFE
Event

SARAH R.
Sandy Springs, GA

CONSECRATED VIRGINITY INFORMATIONAL WEBSITE
Knowledge Sharing

NATALIE R.
Catonsville, MD

RETREAT FOR MOMS
Event

MARISEL R.
Irvington, NJ

COME HOME/COME BACK HOME
Event

JESSICA R.
Portland, TX

ROSARY & COMMUNITY NIGHT MINISTRY
Event

THALÍA R.
Houston, TX

RECORDING A SONG ABOUT THE EUCHARIST
Song





2024 COHORT ACTION PLANS



KAITLYN S.
Alexandria, VA

EVENT VENUE BUSINESS PLAN TO PROMOTE CATHOLIC-CENTERED EVENTS Business

DELANEY S.
Wichita, KS

PRACTICING RESURRECTION THROUGH WRITING Small Group

CATHERINE S.
Toronto, ON, Canada

SACRED BEGINNINGS COLLECTIVE: EARLY YEARS MINISTRY Small Group

LAUREN S.
Astoria, NY

RISE & COME ALIVE ONE DAY WOMEN'S RETREAT Event

KATE S.
St Charles, MO

YOUNG WOMEN'S SMALL QUARTERLY RETREAT Event

CASSIE S.
Clarksville, IN

SEVEN SISTERS FOR CATHOLIC COMMUNITY OF JEFFERSONVILLE PARISHES Small Group

KRISTINE JOY S.
Chula Vista, CA

HEAVEN'S LIBRARY (VIRTUAL CATHOLIC BOOK CLUB) Small Group

ALLISON S.
Ottawa, ON

REVIVING THE SOCIETY OF ST. VINCENT DE PAUL AT LOCAL PARISH TO MINISTER TO THE POOR Non-Profit

LAURA-ANNE S.
Langley, BC, Canada

ENRICHING THE MARRIAGE PREP EXPERIENCE FOR CATHOLIC WOMEN Program

BEATA S.
Wroclaw, Poland

RETREATS TO RECLAIM MENTAL, PHYSICAL, AND SPIRITUAL WHOLENESS AND PURPOSE IN CHRIST Retreat

ANDREA S.
Grafton, WI

CREATING BEAUTY IN THE EVERYDAY Program

MARY S.
Roswell, GA

SEARCHING FOR MORE PODCAST Media

VERONICA S.
Bronx, NY

STELLA MARIS SMALL GROUP Small Group

FABIANA T.
Katy, TX

WE ARE A PILGRIM CHURCH: COMMUNICATE, SHARE, & CONNECT WITH CATHOLICS AROUND THE WORLD Product

EDITH T.
Garland, TX

SER HIJAS, HERMANAS, TESTIGOS Event

BRIELLE T.
Freedom, WI

AD GLORIAM DEI VESTMENTS Business

MEGAN T.
Ottawa, ON

ARISE: A 50-DAY EASTER DEVOTIONAL FOR WOMEN Product

MAGGIE T.
Denver, CO

WHAT IT MEANS TO BE A WOMAN: HEALTHY AND WHOLE Program

ALYSSA V.
San Diego, CA

WOMEN'S FELLOWSHIP AND STUDY GROUP Small Group

JOCELYN V.
Antioch, CA

TOTE CATHOLIC INSTAGRAM ACCOUNT Media

ANNIE V.
Cincinnati, OH

DIVINE MERCY RETREAT Event

TIFFANY V.
Lewisville, TX

BURNOUT RETREAT GUIDE Event

LAUREN W.
Midlothian, TX

DYMPHNA CO. Small Group

MEGHAN W.
Phoenixville, PA

THE ECHO PROJECT: EVANGELIZATION STUDY Program

NANCI W.
Bogota, NJ

INTENTIONAL COMMUNITY FOR YOUNG WOMEN Small Group

GRACEMARY Y.
Singapore

ECHOES OF EDEN: SUPPORT VOCATIONAL DISCERNMENT Knowledge Sharing

MARIA Z.
Medellin, Colombia

REMAIN MULTIDISCIPLINARY GROUP TO SUPPORT PALLIATIVE CARE FOR PATIENTS AND FAMILIES Program

NAOMI Z.
Flushing, NY

JOURNEYING WITH CHRIST Media

