

# Inscape Center for Personal Vocation in Partnership with the GIVEN Institute

## Fulfillment Story<sup>1\*</sup> Autobiographical Form

A Fulfillment Story is simply a description of something a person did that:

1. He/she believes he/she did well;
2. He/she enjoyed doing; and/or,
3. Provided him/her with a sense of deep personal satisfaction or achievement.

It is not necessary that the stories be dramatic or impressive to others. The activities listed might be quite simple. They might have resulted in some award or recognition, but this is not necessary. In fact, one may include stories that nobody but oneself anything about.

Fulfillment stories can be from school, sports, work, church, volunteer activities, at home, leisure time—wherever and whenever.

Fulfillment Stories are:

Not passive experiences, but activities with key details

Not labels that characterize you, but activities that show you in action.

Not general, but specific activities you can support with examples.

Some examples of Fulfillment Stories:

Age 8: Finished my first piano recital and got rave reviews.

Age 10: Won the 100-meter dash on track team.

Age 16: Saved for and bought a Ford Mustang on my 16<sup>th</sup> birthday.

Age 18: Worked with friends to plan and lead our high school's Kairos retreat.

Age 22: Wrote and directed a comedic play for my household at Franciscan University

Age 30: With 4 close friends, started, developed and led a homeschool co-op

Age 42: Set and achieved a goal to be top salesperson by serving my customers well

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<sup>1\*</sup> This definition of fulfillment stories and a method of drawing out unique patterns of motivation from them is taken from the System for Identifying Motivated Abilities (SIMA®) developed by Arthur Miller, Jr. For further information see: [Unrepeatable: Cultivating the Unique Calling of Every Person](#), by Luke Burgis & Joshua Miller.

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Capture three of your own Fulfillment Stories using the prompts below

Story #1 - One sentence summary:
What prompted you to get involved:
What you did:
What was most satisfying to you:

Story #2 - One sentence summary:
What prompted you to get involved:
What you did:
What was most satisfying to you:

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Story #3 - One sentence summary:
What prompted you to get involved:
What you did:
What was most satisfying to you: