



## **A REFLECTION ON DISCOVER THE GIFT**

By Sr. Bernadette McCauley SCC

For so many of us this Covid pandemic has been a challenge and in many ways a heavy cross to carry these past months. And like any suffering or cross we carry, as Catholics we know it leads to resurrection. And so with confidence I can say the cross of Covid brought us to the beauty of new life through our participation in “Discover the Gift Program.

Our Initial Formation community committed to setting aside time each day to participate in the virtual program. We truly were not prepared for the abundance of graces that came to us as we listened attentively to a variety of inspiring talks given by women who were able to capture the beauty of what it means to be authentically feminine and God’s beloved.

Discover the Gift Program offered countless examples of women who by God’s design came to know their personal inner beauty and purpose. The examples were practical, real, uplifting and God centered. Their messages spoke to all women in each vocation in life. It grounded listeners in the truth that our identities are founded in our reality as beloved daughters of God.

The openness and vulnerability of the speakers allowed the viewers to experience a concrete witness of faith and trust in seeking to find one’s path to God. Sharing personal struggles, graces, challenges in open conversation only served to strengthen and inspire listeners. The invitation to look evermore deeply into one’s own heart to discover the truth of God’s love unleashed a power in each of us to be set free and to commit to bringing His light and love to the world.

God looks at us with love and care. He does in fact illuminate our path. He walks with us daily just as we are. He knows us and calls us each by name to Discover our Inner beauty so that we might go out and be His face of love for the world we encounter each day.